

Identify AI harms and their potential impact on users and social structures

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Abstract

Artificial Intelligence (AI) is transforming society, yet its rapid advancement raises concerns about potential harms affecting users and social structures. This research review explores AI-related risks, including ethical, social, economic, and political challenges. One key issue is bias and discrimination in AI applications, which can reinforce societal inequalities and impact decision-making processes. Additionally, AI's integration into communication, such as algorithmic response suggestions, alters social interactions—enhancing cooperation and efficiency while also leading to negative perceptions of AI-generated responses. AI's economic implications are also significant, particularly regarding job displacement and wage suppression in industries increasingly reliant on automation. The unregulated deployment of AI risks widening economic disparities, undermining worker rights, and reducing consumer privacy and choice. Furthermore, AI's influence on political discourse raises concerns about

misinformation, democratic integrity, and the concentration of power in corporations and governments. To mitigate these harms, regulatory frameworks, ethical AI design, and increased public discourse are essential. Strengthening AI governance can guide responsible development and address issues such as accountability, transparency, and fairness. This review underscores the urgent need for policies and ethical guidelines to ensure AI serves society equitably, preventing its potential to exacerbate existing social inequalities and structural imbalances.

Keywords:

Artificial Intelligence (AI), AI harms, Ethical AI, Bias and discrimination, Social impact of AI, Economic impact of AI, AI and job displacement, AI governance, Algorithmic bias, Misinformation and AI, AI regulation, AI in communication, Transparency in AI, AI and political discourse, Automation and wage suppression, AI and democracy, Consumer privacy, Fairness in AI, AI and decision-making, Public discourse on AI.

Research Objective

The objective of this research is to analyse the multifaceted impact of Artificial Intelligence (AI) on society, the economy, and political systems, with a focus on how corporate and regulatory decisions shape these effects. AI has transformed industries by automating processes, optimizing decision-making, and enhancing efficiency. However, its deployment has also raised significant concerns regarding ethical implications, labour market disruptions, and political influence. This study aims to investigate the ethical challenges posed by AI, particularly regarding data privacy, algorithmic bias, and consumer exploitation. It will examine how AI-driven platforms collect and use personal data, often leading to privacy violations and manipulation of consumer behaviour. Additionally, the research will explore the limitations of market-based solutions in addressing these concerns, highlighting the need for regulatory oversight.

Another key objective is to assess AI's impact on employment and wage distribution. As automation replaces traditional jobs, this study will evaluate potential regulatory measures to mitigate job displacement and promote workforce adaptation.

Furthermore, the research will analyse AI's influence on political discourse and governance, focusing on misinformation, surveillance, and threats to democratic institutions. It will explore the need for precautionary regulations to prevent AI

misuse in shaping public opinion and political processes.

Ultimately, this research seeks to propose ethical guidelines and regulatory frameworks that ensure AI development aligns with societal well-being, fostering responsible innovation while minimizing its negative consequences.

Introduction

Artificial Intelligence (AI) is widely regarded as one of the most transformative technological advancements of the 21st century. With its rapid growth, AI is being integrated into various sectors, including healthcare, finance, communication, education, and governance. AI-driven applications, such as automation, decision-making algorithms, and generative AI models like ChatGPT, have significantly influenced how people interact with technology and one another. However, while AI offers substantial benefits, its widespread adoption has also raised critical concerns about its potential harms, particularly in relation to users and broader social structures. The unchecked development and deployment of AI systems could lead to ethical, social, economic, and political challenges, making it imperative to examine its potential negative consequences and the necessary mitigation strategies.

The areas I will focus on are:

The Rise of AI and Its Societal Impact

Over the last decade, AI has evolved from a promising concept into a reality that

permeates nearly every aspect of modern life. Advanced machine learning techniques, combined with vast amounts of computational power, have enabled AI systems to process massive datasets, recognize patterns, and make autonomous decisions. Governments and corporations are increasingly utilizing AI to improve efficiency, optimize operations, and offer innovative services. However, as AI becomes more ingrained in daily life, its unintended consequences have also become more apparent.

One of the most significant concerns is AI's role in shaping communication and social relationships. The integration of AI in text-based communication, such as algorithmic response suggestions (e.g., smart replies in Gmail), has changed how individuals interact. Studies suggest that while AI-generated responses improve communication efficiency and cooperation, they also create negative perceptions when users suspect that responses are not genuinely human. This phenomenon highlights a broader societal challenge—AI's ability to alter human interactions, sometimes in unintended ways.

AI and Ethical Concerns: Bias, Discrimination, and Privacy Issues

AI is not inherently neutral; it reflects the biases and inequalities present in the data it is trained on. One of the most pressing ethical concerns is algorithmic bias, which can reinforce discrimination in various domains such as hiring, lending, law enforcement, and healthcare.

AI models trained on biased data may inadvertently perpetuate or amplify racial, gender, or socio-economic disparities, leading to unfair treatment of marginalized communities.

For instance, AI-driven hiring tools have been found to disadvantage certain demographic groups by favouring candidates who fit historical hiring patterns. Similarly, predictive policing algorithms have been criticized for disproportionately targeting minority communities, exacerbating systemic biases in law enforcement. These discriminatory outcomes highlight the need for greater transparency, accountability, and fairness in AI development.

Privacy concerns also pose significant threats to users, as AI systems collect, process, and analyse vast amounts of personal data. The widespread use of AI-powered surveillance technologies, facial recognition systems, and data-driven decision-making raises concerns about individual privacy and the potential for misuse of sensitive information. Without robust data protection laws and ethical guidelines, AI applications could lead to mass surveillance, unauthorized data exploitation, and erosion of personal freedoms.

Economic Disruptions: AI's Impact on Employment and Wage Suppression

AI-driven automation is reshaping the global workforce by replacing traditional jobs with intelligent systems capable of

performing repetitive and complex tasks. While automation increases efficiency and reduces operational costs for businesses, it also threatens job security for millions of workers. Research indicates that AI and other forms of automation are expected to displace millions of jobs in sectors such as manufacturing, retail, finance, and transportation.

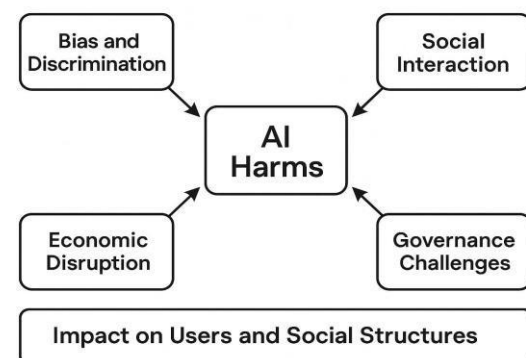
The economic consequences of AI-driven job displacement could lead to increased wage suppression, income inequality, and a growing "useless class"—a term used by some researchers to describe individuals who struggle to find employment in an AI-dominated labour market. To mitigate these economic disruptions, policymakers must explore new economic models, retraining programs, and social safety nets to help workers transition into AI-augmented roles.

Political Challenges: AI and the Future of Governance

AI's influence extends beyond economic and social spheres; it also has profound implications for political systems and governance. AI is increasingly being used to monitor, influence, and regulate public discourse. Governments and corporations leverage AI-powered tools to track online activity, shape political narratives, and manipulate public opinion.

Misinformation and deepfake technology pose significant threats to democratic institutions, as AI-generated content can be weaponized to spread false narratives, erode trust in media, and interfere with electoral processes. The use of AI in governance, such as predictive analytics

for law enforcement and automated decision-making in welfare programs, also raises concerns about accountability and transparency. Without proper regulation, AI-driven governance mechanisms could lead to biased policymaking, increased surveillance, and reduced public trust in governmental institutions.



Regulatory Frameworks and Mitigation Strategies

Given AI's pervasive impact on society, it is crucial to establish comprehensive regulatory frameworks to address its potential harms. Effective AI governance should focus on:

Transparency and Accountability:

AI systems must be designed with explainability in mind, ensuring that users and regulators understand how decisions are made.

Ethical AI Development:

Developers should adopt ethical principles such as fairness, inclusivity, and bias mitigation in AI model training and deployment.

Privacy Protection:

Robust data privacy laws should be enforced to prevent unauthorized data collection and misuse.

Economic Policies:

Governments should implement policies that support workforce reskilling, job transition programs, and fair labor practices in an AI-driven economy.

Political Safeguards:

Regulatory measures should be established to prevent AI-driven misinformation, protect democratic institutions, and ensure responsible use of AI in governance.

The Role of Technology Choice and Regulation

The impact of AI on society is not solely due to the technology itself but rather how corporations and governments choose to deploy it. AI can be used to benefit humanity, but current trends show that it is often leveraged to exploit consumer data, manipulate behaviour and increase corporate power. This section highlights the importance of responsible AI deployment and the need for strong regulations.

AI and Data Misuse

One of the main issues with AI is how it enables companies to collect and use vast amounts of personal data. Platforms often extract insights about individuals, sometimes leading to privacy violations and consumer exploitation. While some argue that increasing market competition

can fix this, research suggests that competition alone is insufficient. Instead, effective regulation is needed to ensure that companies handle data ethically, limiting their ability to misuse information for financial gain.

The Economic Impact of AI

AI-driven automation is reshaping industries, often at the cost of human employment. Companies prioritize automation to reduce labour costs, leading to job losses and wage suppression. Furthermore, AI research tends to focus on corporate benefits rather than developing technologies that empower workers or consumers. Regulation is necessary to encourage AI applications that create new job opportunities rather than eliminating existing ones.

AI's Influence on Democracy and Politics

AI also poses risks to democratic institutions by enabling misinformation, targeted manipulation, and political interference. Social media platforms use AI to maximize engagement, often creating "filter bubbles" that reinforce biases and manipulate public opinion. Unlike economic issues, the misuse of AI in politics is harder to regulate after the damage is done, making it essential to impose strict guidelines before such harms escalate.

The Need for Proactive AI Regulation

To prevent AI from exacerbating social and economic inequalities, a precautionary approach is necessary. Regulation should focus on limiting AI's potential for misuse in critical areas such as labour, privacy, and political discourse. Without strong governance, AI could continue to serve corporate interests at the expense of democratic values, consumer rights, and social well-being.

Literature Review: Identifying AI Harms and Their Potential Impact on Users and Social Structures

Artificial Intelligence (AI) has transformed various sectors, from healthcare and finance to governance and social media. While AI presents opportunities for efficiency and innovation, it also introduces several harms that can negatively impact individuals and societal structures. These harms range from ethical concerns to economic and political consequences, necessitating a deeper understanding of AI's unintended effects. This literature review examines existing research on AI harms, including bias, privacy risks, job displacement, misinformation, security vulnerabilities, and autonomy reduction. By analysing key studies and theoretical perspectives, this section highlights gaps in research and suggests future directions for mitigating AI-related risks.

Existing Research & Key Studies

Numerous studies have explored AI's potential harms, emphasizing their wide-ranging consequences:

Bias in AI Systems

AI algorithms often exhibit biases due to biased training data or flawed model designs. Studies by Buolamwini and Gebru (2018) demonstrate that facial recognition systems misidentify marginalized groups at higher rates, raising concerns about fairness and discrimination in AI applications.

Privacy Concerns and Data Exploitation

AI-driven data collection raises critical privacy issues. Research by Zuboff (2019) discusses how corporations use AI to collect, analyse, and monetize user data, leading to concerns over digital surveillance and consumer autonomy. Posner and Weyl (2019) further argue that inadequate data regulations enable firms to exploit personal information.

Job Displacement and Economic Inequality

Automation through AI threatens employment, particularly for low-skilled workers. Acemoglu and Restrepo (2020) highlight how AI-driven automation leads to labour market polarization, increasing wage gaps and reducing job security. While some scholars argue that AI can create new job opportunities, the transition process remains challenging.

Misinformation and Manipulation

AI-powered recommendation systems influence public opinion by amplifying misinformation. Studies by Vosoughi et al. (2018) indicate that false news spreads more rapidly than factual content due to AI-driven social media algorithms prioritizing engagement over accuracy.

Security Risks and AI Vulnerabilities

AI-driven cyber threats, such as deepfakes and automated hacking, pose significant risks. Research by Brundage et al. (2018) explores how AI can be weaponized for misinformation campaigns, identity fraud, and automated cyberattacks, highlighting the need for robust security measures.

Loss of Autonomy and Decision-Making Power

AI's increasing role in decision-making raises concerns about human autonomy. Mittelstadt et al. (2016) discuss how algorithmic decision-making in healthcare, finance, and law may lead to opaque, unaccountable systems that limit human agency.

Theoretical Perspectives on AI's Impact

Several theoretical frameworks help analyse AI harms:

Ethical Perspective:

AI raises moral dilemmas concerning fairness, accountability, and human rights. Researchers advocate for AI ethics frameworks to ensure transparency and fairness in decision-making.

Economic Perspective:

The automation of jobs through AI can widen economic inequalities. Some scholars argue for policies such as universal basic income (UBI) to mitigate the effects of AI-driven unemployment.

Societal Perspective:

The widespread adoption of AI affects democratic institutions and public discourse. Studies highlight the role of AI in shaping political narratives through targeted advertising and misinformation campaigns.

Gaps in Research

Despite extensive research on AI harms, several gaps remain:

Regulatory Challenges:

Existing studies emphasize the need for AI regulations but provide limited practical frameworks for enforcement.

Long-Term Societal Effects:

Most research focuses on short-term AI risks, with insufficient exploration of long-term implications on governance, ethics, and human behavior.

Mitigation Strategies:

While AI risks are well-documented, fewer studies propose concrete solutions to address biases, job displacement, and misinformation.

Conclusion

Artificial Intelligence (AI) has significantly reshaped various aspects of society,

bringing both opportunities and challenges. While AI enhances efficiency, automates processes, and optimizes decision-making, its rapid and widespread implementation has introduced ethical, economic, and political concerns. This research highlights AI-related harms, such as algorithmic bias, privacy violations, job displacement, misinformation, security risks, and threats to democratic institutions. If left unregulated, these issues have the potential to exacerbate existing social inequalities and disrupt fundamental societal structures.

Bias in AI models can reinforce discrimination in crucial areas like hiring, law enforcement, and lending, disproportionately affecting marginalized communities. Furthermore, AI-driven automation poses risks to employment, contributing to job displacement and wage suppression, particularly in industries heavily reliant on repetitive tasks. The political landscape is also influenced by AI, as its role in shaping public discourse and spreading misinformation threatens democratic integrity and transparency. Additionally, the unregulated use of AI in data collection raises privacy concerns, increasing the risk of surveillance and consumer manipulation.

To address these challenges, a comprehensive regulatory framework is necessary to ensure AI is developed and deployed ethically. Transparency, accountability, and fairness must be at the core of AI governance, with measures that promote ethical AI design and responsible innovation. Collaboration between

policymakers, researchers, and industry leaders is essential to mitigating AI's negative impact while maximizing its benefits. Future research should focus on creating practical solutions to balance AI advancement with societal well-being, ensuring that its development aligns with ethical and democratic principles.

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